

Vanilla Flavored Pudding in powder

Instant high protein mix supplement, with sweeteners

Weight of 1 sachet/one portion: 24 g

Total weight: 168 g (7 sachets)

Ingredients: Milk proteins; thickeners: carboxymethylcellulose, cellulose; vegetable fat preparation (sunflower oil; maltodextrin; **milk** protein; stabilizers: dipotassium phosphate, sodium diphosphate, sodium citrate; emulsifiers: mono and diglycerides, sodium stearyl lactylate, **soy** lecithin; salt; thickener: carrageenan; anticaking: silicon dioxide); flavors; starch; methionine; sweeteners: aspartam (contains a source of phenylalanine), potassium acesulfame; salt; acidity correcting agent: magnesium oxide; anti-caking agent: silicon dioxide; exhausted vanilla pods (0.167%); color: beta-carotene; emulsifier: **soy** lecithin.

Allergens: Milk and soy. Manufactured on equipment that processes gluten, celery, eggs and sulfites.

Instructions for preparation: Add slowly 115 ml of cold water while stirring with a whisk or a fork until well dissolve. Refrigerate for 15 to 30 minutes until firm. Consume in the 10 following minutes.

Caution: Because of content of phenylalanine the product is not suitable for people with phenylketonuria. Do not use as sole source of nutrition. Drink plenty of liquid (1,5 l per day at least). Not suitable for children, pregnant and breast-feeding

women. If consumed as part of energy restricted diet, follow recommendations of an expert for nutrition. Do not exceed recommended daily allowance.

Lot number, shelf life: Stated on a sachet.

Storage: Store in the original container in a cool and dry place. Make sure that the bag or container is properly closed.

Made in France.

AVERAGE NUTRITION VALUES:

Energy values	100 g	1 portion - 24 g
kJ	1551	372
kcal	366	88
Nutrition facts		
Fat (g)	2,5	0,6
of which saturated fatty acids (g)	1,3	0,3
Carbohydrates (g)	8,8	2,1
of which sugars (g)	5,4	1,3
of which starch (g)	3,4	0,8
Fibers (g)	4,2	1,0
Proteins (g)	75,0	18,0
Salt (g)	1,38 (0,30**)	0,33
Calcium (mg)	895	215 (27 % *)

(*) Nutrient Reference Values.

(**) Maximal contents for 100 g of product ready to use.